

Communication Exercise 2

(Sharing)

Overview

Many Christians find it difficult to share their spirituality with others. **This exercise is designed to help you become better at expressing your love relationship with Jesus to those around you.**

Sharing the good news is not only about explaining spiritual principles but showing how God is involved in your daily life. Try sharing about these subjects, then add some of your own.

How this Works

Allow others to learn about you and your passions. Look for venues that allow for deeper communication, such as enjoying a cup of coffee or a meal together. Choose any one of the following subjects to share with several people. Keep your thoughts brief unless your friend asks additional questions. (I recommend that you don't share these subjects at the same time that you do the listening exercise because it may look like you came with an agenda and only listened to them so they would listen to you.)

Listening Exercises

- ◇ Express something you are grateful for. Give credit to God. (Hint: you can do this when people ask you how you are doing—if you keep it brief.)
- ◇ Tell people about a trial you are going through and explain how God is involved.
- ◇ Share some way that God has blessed you recently in your life. Again, give the credit to God.
- ◇ Express something that you are asking God to do or help you with. Be open and honest about how you feel.
- ◇ Talk about something you have recently learned or share what God is helping you learn. Be humble and open about your shortcomings.
- ◇ Share about how you struggle with the same thing as the person you are talking to and how you are learning to let God help you through it.
- ◇ Tell about a miracle you have experienced or how God has worked in your life.
- ◇ Talk about how God has given you direction, correction, or describe any other way you have “heard” from God. Share your motivation to act because of your love for God.

Afterward

Thank God for what He is doing in your life and for the opportunities to share about Him with others. **Ask God to show you how to better love your friends and neighbors and pray that they would feel God's love through you.** Jot down a few notes about your conversations and describe how people responded—including non-verbal expressions. Look for ways to spend more time with those who are interested in learning more about you and the God you love.

Additional Resources

<http://www.TheJesusStrategy.com>